

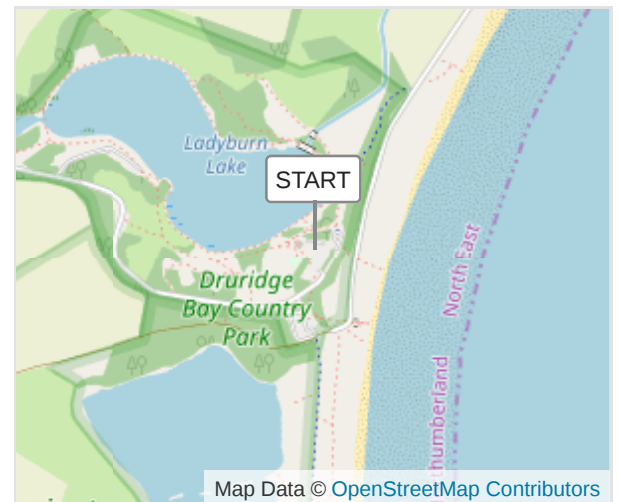


Prison Loop From Lake

ROUTE INFORMATION



ROUTE LENGTH	14.158 miles
ASCENT	442 ft
DESCENT	442 ft
HILLS	⬆ 33.2% ⬇ 34.8% ➡ 32.0%
TERRAIN	Road A
START	LAT: 55.291679, LNG: -1.573324

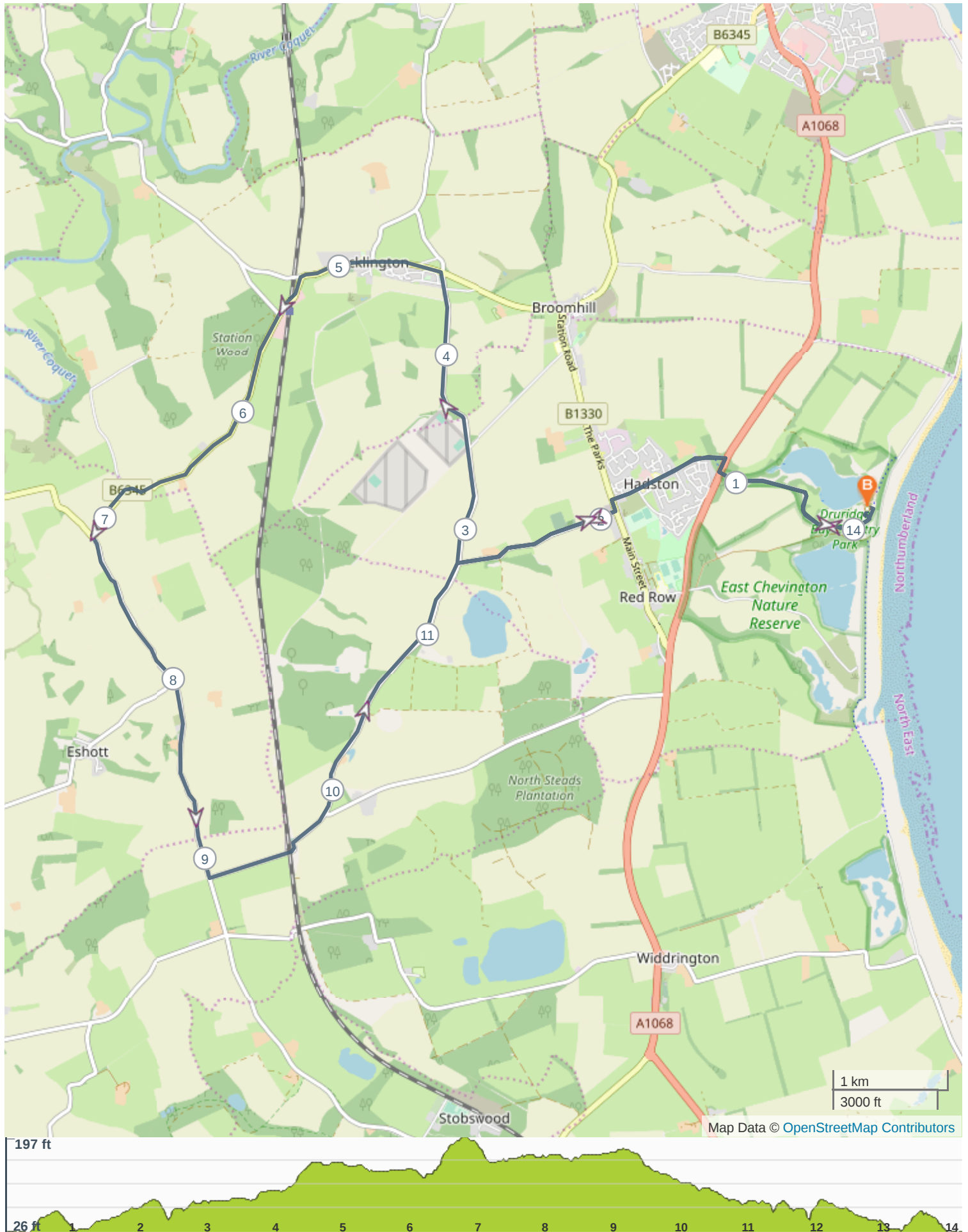


NOTES

On leaving and returning to the country park riders have to turn right onto and ride along a short section of the A1068, this can be a busy road so care needs to be taken. If the group splits up they should regroup after turning off the A1068.

There is a rail crossing at Chevington, riders should always cross the rail track at right angles and under no circumstances start to cross if the lights turn red. If the group is split at this crossing the lead riders should stop and wait for the rest of the group.

Prison Loop From Lake



ROUTE DIRECTIONS

No	Miles	Turn	Directions
1	0.000		Start on
2	0.030	➔	Turn right
3	0.056	⬅	Turn sharp left
4	0.110	↖	Turn slight left
5	1.092	➔	Turn right onto A1068
6	1.173	⬅	Turn left onto Hadston Road
7	1.324	↗	At roundabout, take exit 2
8	1.838	⬅	Turn left onto The Parks
9	1.902	➔	Turn right
10	2.807	↘	Turn sharp right
11	4.436	⬅	Turn left onto B6345
12	7.121	⬅	Turn left
13	9.115	⬅	Turn left
14	11.415	➔	Turn right
15	12.320	⬅	Turn left onto The Parks
16	12.384	➔	Turn right onto Hadston Road
17	12.883	↗	At roundabout, take exit 2
18	13.050	➔	Turn right onto A1068
19	13.131	⬅	Turn left
20	13.636		Keep right
21	14.113	⬅	Turn left
22	14.158		FINISH