

## OPEN WATER SWIM CHECKLISTS

DATE

Volunteers to sign confirming they have read NOP, EAP and all relevant documents.

Description	Yes / No
<b>EQUIPMENT</b>	
Radio tested	
Airhorn / klaxon tested	
First aid kit is stocked	
Whistles for safety kayak / lakeside marshal	
Whistles for swimmers	
Buoys (3 red, 1 green)	
Kayak / SUP (club SUP if volunteer doesn't have own)	
Folder with Printed NOP, EAP, RA, briefings, checklists & register	
Folder with Completed swimmer questionnaires (incl. ICE & medical info)	
Brightly coloured swim hats	
Tow floats for members to borrow	
Life buoy is in position on lakeside	
High vis vest to be worn by Lakeside marshal	
NOP, EAP, RA & safety briefings read by all volunteers	
<b>SAFETY KAYAK / SUP - NAME:</b>	
Practice rescues completed	
Buoyancy aid / wetsuit worn	
Set buoys out before swim briefing	
Take the water temperature prior to swim & inform lakeside marshal	
Visually check water quality	
Communication signals known	
Bring buoys in when all swimmers have exited	
<b>LAKESIDE MARSHAL - NAME:</b>	
Route from the car park to the swim entry point checked and okay	
Set up registration area	
Water safety and first aid volunteers are present	
Swimmers informed of water temperature	
All swimmers are registered for the session in SportMember	
All swimmers have completed the open water swim questionnaire	
All swimmers have signed the paper register	
Swimmer briefing completed	
All swimmers signed in and out of the water	
<b>FIRST AIDER - NAME:</b>	
Has current emergency first aid at work certificate	

Signatures of safety team:
